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It's better to do ten or fifteen minutes a day than four hours, once a week. Although spoken as a native language by millions in Pakistan, Punjabi has no official legal status there. For learners of Western (Pakistani) Punjabi, the Academy of the Punjabi in North America has a collection of free Shahmukhi e-books, as well as Shahmukhi magazines. Shahmukhi: "From the Mouth of the Shah" Western Punjabi, spoken primarily by Muslims in Pakistan's Punjab region, uses the Shahmukhi script — a right-to-left script derived from the Nastaliq script used to write in Arabic. Varying your learning resources and tasks does more than maintain your interest in learning Punjabi: When you're learning a living language, you'll want to immerse yourself in many different resources as possible so you'll learn more of the language — everything from basic vocab and grammar rules to slang and specialized vocabulary. Grammatical Gender Punjabi uses grammatical gender for improper nouns. The Western standard of Punjabi, sometimes called Lahnda or Shahpur, is a majority language. Decide on Your Goals You'll approach your studies in a different way if you're learning more formal Punjabi for business or learning "survival Punjabi" for travel. The Soolerang Punjabi Bookstore has tiered plans, paid and unpaid, that give memchs access to various Eastern Punjabi books and ebooks. Still, there are a couple of helpful videos and channels for Western Punjabi learners. You'll start with learning about the Gurmukhi script, how it is organized, and how it is used to build words. This can be working out relationships, making career changes or committing to self-development. How Does The Reading Work?Any good psychic will inform you that readings aren't meant to tell you what your future holds, but talk tu you through the complex emotions you're going through. Singer and poet Pashaura Singh Dhillion's site has both Eastern Punjabi and English-language content. If you'd like a deeper dive on this topic, this thesis provides an in-depth understanding of the differences between Punjabi and English grammar. Other programs and apps can help you locate Punjabi-learning resources, such as tutors or conversation partners. Some of them will be more helpful for beginning learners; others will appeal more to intermediate and advanced learners. Resources for Learning Punjabi Scripts One of the biggest hurdles for Punjabi learners can be mastering Gurmukhi or Shahmukhi script. Here are but a few genres of Punjabi music. If you'd like to try it yourself, you can sign up for free, two-day access to a "Punjabi for Travelers" course. Apps and Marketplaces for Learning Punjabi In addition to more traditional courses, there are mobile apps that teach Punjabi more casually. You can further refine your learning goals based on whether you're a complete beginner, an intermediate learner with rusty Punjabi, or an advanced learner who is trying to reach native-level fluency. Gurmukhi Mastery (IPA) (Memrise course) If you know the International Phonetic Alphabet (IPA) and appreciate detailed explanations, you'll enjoy this course. Cardinal and ordinal numbers are taught together. Hear the pronunciation for each word or phrase. Due to this bias, most of the resources mentioned in this post will be for Eastern Punjabi learners, although we will certainly discuss available Western Punjabi resources. Whether you learn this lyrical language for travel or business, or to connect to friends and family, becoming a fluent Punjabi speaker is a tremendously rewarding experience. Gurmukhi comes from the Devanāgarī scripts used in northern India. First, let's discover more about the history and characteristics of this unique Indo-European language. Your Plan for Learning Punjabi As with any complex endeavor, you will more likely succeed at learning Punjabi if you start by making a plan. You'll learn about famous Punjabi writers, poets, singers, and other artists, whose work can enrich your Punjabi learning adventure. Even though there are a few lessons still in production, which aren't available yet on the eLearnPunjabi site, this is a very thorough and enjoyable course. A language journal can help you stay on the right track. About the Punjabi Language In some ways, Punjabi is a language divided. There are professionals and websites with testimonials around, but you need to do your research. However, they are well-organized. Lesson 2 continues with a few games and exercises, and a lot of additional vocabulary. Punjabi Podcasts PlayerFM hosts numerous Punjabi podcasts. Currently, there are a limited number of pre-made Punjabi flashcard decks available. The APNA site features interviews and articles, as well as research papers, in the Shahmukhi scrip for intermediate and advanced Western Punjabi learners. eLearnPunjabi With video lessons, quizzes, and lots of cultural information, this course builds a solid foundation for learning the language. Although these lessons have a few shortcomings, they would probably appeal to verbal-linguistic learners who like to read and learn about their target language in great depth, with extensive written explanations. Grammar concepts such as prepositions, adverbs, plurals, negation, and the interrogative are covered. If you'd like a mobile dictionary app for Eastern Punjabi, the Punjabi Dictionary by Kulpreet Chilana may be a good choice for you. Language Exchange Apps Tandem, Hello Talk, and Speaky connect Punjabi learners with conversation partners. Some suggested podcasts are Learn Punjabi Like a Native and SikhNet Stories for Children (both Eastern Punjabi). Its author's aim was to reach Punjabi learners around the world, particularly children of the diaspora. He blogs about music, poetry, and other cultural topics. Online Radio Box streams numerous Eastern Punjabi stations from India and around the world. These games teach basic Punjabi concepts and vocabulary, including:

- Gurmukhi Letters
- Gurmukhi Vowels
- Counting
- Months and Seasons
- Days of the Week
- Colors
- Shapes
- Flashcards

If you'd like to make your own Punjabi flashcards for online or mobile device use, Anki can be an excellent choice. Word Order Some of the word order in Punjabi may seem odd to English speakers. You'll start with the alphabet, Punjabi language sounds, and basic greetings in Lesson 1. Differing histories in each country have produced a variance in cultural and linguistic influences. AWR Punjabi and EDC: Translation of the Meaning of the Quran in Punjabi could work for Western Punjabi learners. Gurmukhi can be somewhat simple to learn, because each letter only makes one sound — unlike English, where the same letter can make more than one sound, or more than one letter can make the same sound. Even if you only concentrate on a small handful of resources at a time, it's important to expose yourself to a broad range of resources — like the wide variety of Punjabi-learning tools we're about to explore. Their app is available for both iOS and Android devices, and emphasizes speaking over reading. Unfortunately, it's only available for iOS at this time. In addition to many individual words, you'll get exposure to plenty of simple sentences. Google Play has a Punjabi TV and Movies Online app for Android devices. You can converse with conversation partners via texting, or arrange for a remote audio/video call. Psychics can often feel a presence of negativity or positivity and respond to the energy you transfer, even through the computer. What Can Affect Your Online Reading?Some people are good at reading others, and this is especially true for psychics. Apps or exercises that delighted you when you started out might start to get on your nerves after a few months. It's broadcast from the UK, and available online and through mobile streaming apps. The deck of cards each has a symbol which depicts your approach to life. The other is the Learning Punjabi playlist, which offers tips on improving your Punjabi accent, typing in Punjabi, and tools for learning Punjabi. Mango Languages' lessons can work well for complete beginners who want to start speaking early. It's important to remember that you shouldn't take psychic readings too seriously, because they can impact your life. Perhaps you've heard the call from the Shahpur, the "Land of the Five Rivers," to learn to speak this ancient tongue. While you shouldn't base your life upon everything a psychic says, online psychic readings can clear up questions about your life, future and any uncertainties. Why Get an Online Psychic Reading?Psychic readings help you connect to the universal energy that dictates your life, thoughts and feelings. Eastern Punjabi Periodicals

- Ajilbandhar (Jalandhar, India)
- Punjab Express (Italy)
- Punjab Tribune (Chandigarh, India)
- Sky Hawk Times (Mohali, India)

Western Punjabi Periodicals (based in Pakistan)

- Daily Khabrain
- Daily Bhulekha Punjabi Books

While perhaps not as exciting as videos or interactive apps, textbooks provide thorough explanations of grammar, sentence structure, and vocabulary that you can absorb completely at your own pace. Review, Reconsider, and Remix As you learn Punjabi, you'll go through many phases. Yet, just as in Pakistan, there is some concern for the continued use and survival of Punjabi in India. Most Punjabi nouns followed by postpositions must be declined in the oblique case. Many say they offer readings, but it's often a bored housewife at home who doesn't understand universal energies. A YouTube search for "Punjabi pop music" will yield pop, dance, rap, and hip-hop, among other types of songs. The Academy of the Punjab in North America (APNA) hosts a website offering content to learners of both Western and Eastern Punjabi. There are plenty of cultural notes to give you a deeper understanding of Punjabi speakers. Just make sure you choose an experienced psychic to guide you through the process and enjoy the journey. MORE FROM BLOGLINES
By Michelle Punjabi September 2, 2020
Where the rivers Ravi, Chenab, Sutlej, Jhelum, and Beas run in the north of the Indian subcontinent, the lilting tones of the Punjabi language flow like melodies weaving through the centuries. Charanjit Singh Channi, who heads the Ministry of Technical Education and Industrial Training in Punjab, is promoting a resolution in the Punjabi legislature to make the Punjabi language a compulsory school system. Languages' Learn Punjabi The Languages.org site has simple Eastern Punjabi lessons for beginners, with a very similar setup to Learn101's site. If there are other Western Punjabi resources that we should include, please let us know in the comments section! Hacking Punjabi for English Speakers The Eastern standard of Punjabi has incorporated some English loanwords, which may help English speakers trying to learn that form of Punjabi. Indian (Eastern) Punjabi has adopted many words of Sanskrit origin, with a smattering of Arabic-influenced words. While it would be helpful if your partner is also learning Punjabi, it's not mandatory. We'll be looking at a plethora of different Punjabi-learning resources in the next section. However, it's available for download or online reading through the Sikh Book Club website. Punjabi Music Punjabi music is available in many styles, and can add energy and spice to your language studies. verbaska/Shutterstock
Some people like to take life as it comes, but others want to know what the future might hold. Punjabi Radio California-based Punjabi Radio USA broadcasts in Eastern Punjabi on the West Coast of the U.S. You can also stream the station online, or listen to it on a mobile app. The Learn Punjabi with script and pronunciation app for iOS users presents Eastern Punjabi vocabulary in logical categories, such as Basics, People, Body and Health, Shopping, and Food and Drinks. The lessons are presented with English, Shahmukhi, and romanized Punjabi phonetics. Whatever your motivation for learning Punjabi, we'll explore many resources that you can use to study and master it. It's probably best for intermediate learners who already know some Gurmukhi script, or for those who are only planning on reading and writing in Punjabi. You'll find movies and television shows in several genres, including romance and comedy. You'll start with a grounding in the history of the Punjabi language, move on to learning the script, and then tackle more complex structures and topics. Declensions in Punjabi Punjabi declines nouns, altering their form to change their meaning. While these lessons are not interactive, the explanations are straightforward and comprehensive. Encore!!! Language Learning has one of the few YouTube resources for beginning learners of Western Punjabi who wish to learn through English. The professor speaks slowly and the lessons are easily understandable. Eastern (Indian) Punjabi The Learn Punjabi / Gurmukhi: Read & Write & Speak playlist from the singhdoor channel on YouTube will teach you some Punjabi basics, such as:

- Sounds of the Gurmukhi alphabet
- Gurmukhi writing
- Special letter in Gurmukhi
- Vowel sounds
- Nasal sounds

Almost all of these videos have English-language voiceovers. Basic greetings are introduced in the form of dialogues. Most Punjabi dialects have at least three tones, which are generally described as "low/rising," "middle/medium," and "high/falling." Tonal languages can be particularly tricky for English speakers. Eastern Punjabi is also spoken in Haryana, West Bengal, and Delhi. English and Urdu serve as the country's two official languages. There's a short quiz to test your knowledge of Punjabi. Punjabi Scripts The two different standards of the Punjabi language are represented in writing by two very different scripts. Many of them are based upon the endings of singular nouns. If you don't like the idea of visiting a questionable old woman in a tent, then why don't you get an online psychic reading? Punjabi Alphabet (Memrise course) This course goes through the Gurmukhi script, letter by letter, using Romanized transliterations — rather than the IPA — to help you learn the sound of each letter. Tarot readings should give you clarity over the past, insight about the present and clues about your future. If you know your learning style, use that information to choose resources that will accelerate your learning. You can use readings to discover how universal energies are affecting your life. Here are a few resources to get you started. However, they are beneficial if you want to gain more insights into your mind and emotions. Actdji Punjabi University's channel presents twenty-one Eastern Punjabi lessons, averaging about forty-five minutes apiece. Practice writing in your chosen Punjabi script. In physical readings, you shuffle the cards yourself, but this doesn't happen in online readings. Learn Gurmukhi - Punjabi Alphabet Part 01 and Part 02 (videos) Part 01 of this set of videos from Khalsa Junior will teach you all of the individual letters in the script. Unfortunately, two language game sites, Clozemaster and Digital Dialects, don't currently offer Punjabi. It's intended for children, but it's also useful and fun for beginning adult learners. These textbooks are part of an extensive online catalogue of Punjabi books available from Sikh Book Club. There is now a growing movement to make Punjabi language education mandatory in the Pakistani education system. The vocal inflection placed on different syllables in Punjabi words can indicate that someone is being directly addressed. Let yourself do free writing in your language journal: Puzzle over what you don't understand about Punjabi. One of Mango Language's helpful features, aside from the grammatical tips and cultural nuggets, is the green slider at the top of the screen. Pimsleur The Pimsleur program's recently-redesigned app includes some reading practice and cultural notes, but the emphasis is primarily on speaking. Mobile Apps for Learning Punjabi Language Curry is a language-learning startup based in Gurugram, in northern India. Many people struggle but don't understand why they're unable to deal with things. Still, Memrise's open sourcing of curriculum usually produces a variety of courses, even for harder-to-find languages. Air your frustrations. Gurmukhi : "From the Mouth of the Guru" In the Indian state of Punjab, the Gurmukhi script is generally used by the Sikh population to write Eastern Punjabi. Encore!!! Language Learning, a company with a new language-learning app, has a YouTube playlist dedicated to learning Eastern Punjabi with Gurmukhi script. This strengthened the perception of Punjabi as a distinct language. Start with the ones that most appeal to you. For advanced learners, the Learn Punjabi with Jagjeet Sir channel presents higher-level video lessons, classified according to India's Central Board of Secondary Education (CBSE) and Punjabi School Education Board (PSEB) standards. The app will track your progress as you master Gurmukhi letters and numbers, as well as Punjabi words...including basics such as colors. While not a Punjabi language blog, this article on Punjabi culture from the Pakpedia site will introduce you to the music and literature of Western Punjabi. As of this writing, all the Punjabi teachers on Verbling hail from India, so it's unlikely you'd find a Western Punjabi tutor there. These include news features, poems, and short stories. It's important to review your progress and reconsider your learning options every few weeks or months. Learn Basic Punjabi by Talwaar-e-Fateh is a solid Memrise course with good, clear audio. The more idiomatic translation, which is the default, and the literal translation. It's a gift to be able to read the emotions of others, and some of us are more open with our feelings. In order to get access to any of Soolerang's e-books, even the free ones, you'll need to register on the site. There are numerous vocabulary lessons, presented by category, and spoken throughout the world. Sing the Basic Gurmukhi Punjabi Alphabet! (video) Pashaura Dhillion shares his original tune for learning Gurmukhi. Nonetheless, the many differences between English and Punjabi might trip you up. Punjabi tutors from both India and Pakistan are available on italki. Western (Pakistani) Punjabi As with other resources, YouTube seems to offer less content for learners of Western Punjabi than it does for the Eastern counterpart of the language. Visually oriented learners may be stymied by the lack of corresponding text during the audio portions of the lessons. Nonetheless, some argue that Punjabi — with its much larger number of native speakers — ought to have been selected as a national language in Pakistan. There are a number of different Punjabi dialects, each of which has its own tonal characteristics. Auditory learners might lament the lack of audio pronunciation examples, or stimulating recorded dialogues. The psychic will ask you to think of some questions you have about life and wait until the reading to reveal them. As you progress through the lessons, you'll move on to literature, stories, and rhymes, as well as many lessons covering everyday Punjabi conversation. After all, you have a long learning journey ahead of you — you don't want to die to be a drag from the very beginning. These offerings include phonetic and IPA transcriptions of Eastern Punjabi texts (with translations), an Encyclopedia of Punjabi Language and Culture, and several volumes of verse. Polite Forms in Punjabi Similar to vous in French (which is both the plural and formal form of "you"), Punjabi can use the same pronoun for both the formal/polite form and the plural form. Stephen Gucciardi's YouTube channel has two playlists that will be helpful for Punjabi learners. One is the Punjabi Grammar Series, which will help you learn Punjabi plurals, the oblique case, the vocative case, echo words, and more. While you're planning, take your own personal preferences into consideration. Unfortunately, some of the lessons seem to be missing at this time. Eastern Punjabi in the Indian state of Punjab, Punjabi is the official language. Take a break from some learning resources, and add some new ones to the mix. Rather than the Subject-Verb-Object pattern normally found in English, Punjabi uses a fairly strict Subject-Object-Verb word order. Lexical Tone Like Mandarin or Cantonese, Punjabi is a tonal language. (Hindus who speak Punjabi tend to write it in Devanāgarī.) Like the English alphabet, Gurmukhi is written left-to-right. Duolingo, Rosetta Stone, Busuu, and Glossika are not offering Punjabi courses at the time of this writing. The APNA site features an extensive collection of both Sufi and folk music, plus Punjabi pop and Bhangrā music. The General Vocabulary and Basic Sentences course lacks audio, but it boasts a very logical and systematic presentation of categorized vocabulary and grammar. This set, by SikiLink, appears to be the size of standard playing cards, so they'd probably be easy to carry around. Evaluate your learning process. AjitTV streams Eastern Punjabi programming online from its website. For each lesson, there's a vocabulary list, a quiz, and a set of helpful downloads: Audio version (MP3 file) Lesson transcript (PDF) Vocabulary list with color-coded columns for Gurmukhi, romanized phonetic version, and English translation You'll also find links to video lectures from Dr. Harjit Singh Gill, based upon a textbook called A Start in Punjabi. These include word game downloads, lessons on constructing Punjabi sentences, and Punjabi videos about Sikh culture. You can also learn basic phrases in Western Punjabi with this "Learn before Sleeping" video from Learning Phrases with Chris & Friends. You can easily create a free account on the Sikh Book Club website to gain access to this and other resources.) The Sikh Book Club has another free-of-charge Eastern Punjabi learning materials, such as:

- Readwell's Learn Punjabi in a Month by Bhai Ishwar Datt (Indian Language Series)
- Gurmukhi Giān: Come To Learn Punjabi by Dr. Satnam Singh Sandhu
- Learn Punjabi in 25 Days by Bhai Santokh Singh

Several of these textbooks include Gurmukhi writing practice, language writing exercises, and Punjabi reading exercises. Updates are posted to Jagjeet Sir's Facebook page, and a corresponding website is in the works. Language Exercises and Games Games and language exercises can be helpful learning tools. They can give you insights into your emotions, feelings and truths which enables you to make important decisions about your life. Nonetheless, the in-depth explanations may be helpful, since they break each character down into its initial, medial, and final components. Graphics are used to show the Gurmukhi script and English translations more clearly. The Jagat Sewak Web TV channel, from Bagha Purana, India, has a wealth of news videos from Delhi, Punjab, and Chandigarh. 17 Minute Languages This program offers lessons in many languages, and Eastern (Indian) Punjabi is one of them. The Majhi dialect of Punjabi as a standardized form of the language, common to both Pakistan and India. Urdu, the first language of the Pakistani elite — about 8% of the population — was considered a "power language" for people wanting to advance in society. (There's a virtual onscreen keyboard that you can use to type in Shahmukhi or Gurmukhi script.) Amazon has a few Eastern Punjabi dictionaries, available as print books:

- Student's English-Punjabi Dictionary by Gurkirpal Singh Sekhon
- Punjabi-English/English-Punjabi Dictionary & Phrasebook by Manmohan Kaur (includes a pronunciation guide, plus categorized words and phrases)
- English-Punjabi and Punjabi-English Word-to-Word Bilingual Dictionary (Punjabi and English Edition) by Wahab Translations The English Punjabi Dictionary (Seventh Revised Edition) by Punjabi University is available through the Sikh Book Club. Language Tutor Marketplaces Both italki and Verbling can set you up with a Punjabi tutor. You will be taught to construct sentences using modular component elements — a method that might appeal to logical or mathematical learners. With over 3,700 words and phrases, the 50 Languages - Punjabi (No Typing) course can certainly help you expand your vocabulary. So, let's delve into the psychic world and discover how you can get your own reading. What Are Online Psychic Readings?Most psychics use tarot cards to learn more about you. This book is difficult to find as a hardcopy. Mango Languages (Western Punjabi) One of the few major language courses to teach Western/Pakistani-style Punjabi with the Shahmukhi script is Mango Languages. A fusion between traditional Punjabi folk music and Western musical instruments of the 20th century, Bhangrā music is even finding a place in Bollywood films. There are a few rules of thumb for distinguishing noun genders. Look back periodically at older entries to see how far you've come. These are well-organized and detailed, and will probably appeal to logical-mathematical learners. If you are under time constraints and have to learn Punjabi more quickly, think of creative ways to keep yourself interested. Mango Languages also does a good job of identifying whether a certain phrase is used in a casual situation or a more formal register. The Lokaaj Punjabi TV channel delivers a variety of short videos to intermediate and advanced learners of Western Punjabi. If you're at an upper intermediate or advanced level of Western Punjabi, you'll find lots of cultural, historical, and current events content on the Punjabi Lehar channel. Punjabi Websites and Blogs For families with young children studying Eastern Punjabi, the SikhVille.org site has varied resources. As of this writing, you can have a paid annual membership for as low as \$2 per month. 5abi Sabi offers text-based lessons for beginning learners. SikhVille.org has an Eastern Punjabi language games page. Advanced learners may find some value in the free ebook downloads from LearnPunjabi, sponsored by Punjabi University in Patiala. And that's just the beginning. Gurmukhi (Eastern Punjabi Script) Gurmukhi — The Punjabi Alphabet (video) This video introduces the letters and their names one by one, then puts it all together with a catchy Punjabi alphabet song. In these cases, mark your calendar with projected learning milestones. Think of a psychic reading like a hypnosis session and you'll understand the importance of being responsive. Shahmukhi (Western Punjabi Script) Many of the YouTube resources for learning Shahmukhi presuppose a knowledge of Gurmukhi. Punjabi Books for Intermediate and Advanced Learners Intermediate learners of Eastern Punjabi can get reading practice through these simple children's stories from SikhVille.org. Challenges of the Punjabi Language Let's examine a few potential snags for Punjabi learners — especially those who are native English speakers. Punjabi speakers in Pakistan greatly outnumber those in India. The approach of these lessons would be particularly appealing to verbal-linguistic learners. Punjabi Movies For popcorn-powered Punjabi learning, check out these sources for cinematic curriculum: Tech tip and review site Tekkibytes, from Kolkata native Soumik Chosh, features a list of Punjabi movie download sites. Western Punjabi is heavy on Persian and Arabic linguistic influence, without the imprint of Sanskrit. You'll see the Shahmukhi word or phrase, followed by a phonetic version in the Latin alphabet, followed by the translation of the phrase in English. Add important words to your own customized Favorites list. A psychic is connected to their emotions, and most find their ability through their heightened sense of empathy. While there's no audio, it provides a systematic way to practice the Gurmukhi script. Western Punjabi resources from the Academy of the Punjabi in North America include lessons in the Shahmukhi script. The Learn Punjabi app from Punjabi Charm, currently available for Android, will teach you Eastern Punjabi. (Signing in using your Google account may present technical difficulties. Was it lectrures? In certain contexts — such as state employment screenings or within private schools — Punjabi is being overshadowed by English. Figure Out Your Timeframe Your learning goals may not be bound by a specific timeframe. Resources for Learning Punjabi: Language Courses and Apps Only a few of the better-known language courses have tackled Punjabi. Verbling uses only certified teachers; italki has a mix of certified teachers and community tutors. YouTube Channels There are several YouTube channels dedicated to learning Punjabi from English. (This is sometimes called "inflection.") Postpositions Instead of prepositions that precede nouns, Punjabi uses postpositions. The teacher is well-educated, with several graduate degrees. There's no audio, so you won't learn how any of these Eastern Punjabi words are pronounced. The app includes flashcards with Gurmukhi and phonetic Punjabi, multiple choice quizzes, and vocabulary lists. This simple classroom format features Professor Gill, a blackboard, and various language charts. Even the chief Minister and the governor in Punjab have been using English to address the people of their state, 90% of whom speak Punjabi. Western Punjabi Ethnic Punjabis comprise half to three-quarters of the Pakistani population. This makes it easier for a psychic to get an accurate reading. On the other hand, you might already have a trip planned, or have family coming to visit soon from the Punjab. The Indian-Pakistani border denotes the distinction between Western Punjabi, spoken in Pakistan's Punjab province, and Eastern Punjabi, spoken in the Indian state of Punjab. The caveat? Netflix generally gives you many options for audio and subtitle control, so you can probably set these for Punjabi audio with English subtitles to start. An accountability partner can also be a great source of support when you're discouraged — or simply tired of studying. What kind of learning did you most enjoy? Conversations mirroring real-life situations, such as checking into a hotel or meeting a new person, introduce new vocabulary in Pimsleur's lessons. Think back to your own educational experiences. Punjabi links India and Pakistan through hundreds of years of history. Unless otherwise noted, the following courses teach Eastern (Indian) Punjabi, using the Gurmukhi script. These free books can be read online, downloaded as PDFs, or printed out. Lessons are taught almost entirely in Punjabi. Bhangrā With roots in the Punjab and popularized by the Punjabi community in Great Britain, Bhangrā music is a favorite within the Punjabi diaspora. Learn101's Punjabi The Eastern Punjabi lessons on Learn101's website are not fancy. Update it regularly — but don't make it a burden. Videos or other presentations with a lot of visual content? Punjabi Newspapers and Magazines Here is a brief list of online Punjabi newspapers and magazines. Although we use syllable stress to change meaning in English, we don't change the pitch of individual syllables or words to change meaning, the way tonal languages do. Record new words and review old ones. As you progress in your knowledge of the language, you can switch to Punjabi audio with Punjabi subtitles — and then, perhaps, drop the subtitles altogether when you reach an advanced phase of your learning. Vocabulary and basic phrases are presented with clear audio clips to match the Gurmukhi and phonetic renderings. However, the spaced repetition, flash cards, and word-matching exercises will help reinforce the Punjabi you're learning. Sufi and Folk Music TheSufi.com has a large collection of both Sufi and Punjabi folk music. Some people think this decreases the validity of the reading, but many choose an online psychic for the convenience. This is not normal for English speakers. Punjabi Charm is an active channel with a wealth of videos, nicely organized into playlists. Wikibooks has a series of lessons on learning Shahmukhi. Per the 2011 census, Eastern Punjabi has about 36 million speakers, most of whom speak it as a first language. Punjabi Television Several of the major subscription services bring Punjabi programming — mostly from India — right into your living room:
 - Dish Network's Punjabi TV packages
 - Punjabi TV packages on Slings TV
 - World Punjabi TV packages on Roku
World Punjabi TV on Roku Coming from Canada, Anna Punjab broadcasts a variety of Eastern Punjabi programs, which you can access online. There are "semi-immersive" and "total immersion" videos that teach sixty Punjabi phrases apiece...plus other videos that focus on specific topics, such as shopping for food. You can learn Eastern Punjabi through English or Hindi; the videos for English speakers are color-coded in red, and the videos for Hindi speakers are color-coded in purple. Punjabi folk singer Pashaura Singh Dhillion has audio downloads of his music on Bandcamp. We often try to find a practical solution when we feel depressed, but fail to look inside ourselves. Keep Yourself on Track Learning the basics of a new language — especially one that's somewhat different from your native language — is a process that takes many months. The sanyukt akhar (half letters) video has no audio; however, its written explanations are fairly extensive. They specialize in teaching languages such as Gujarati, Hindi, Kannaada, Sanskrit, and Eastern Punjabi. In Punjabi, adjectives must be either feminine or masculine, depending on the nouns they modify. Try his YouTube channel for "moving image slideshows" of his songs, with English subtitles. It's among the top five languages spoken in the UK and Canada, and among the top thirty languages spoken in the US. Maybe you're traveling to the Punjab, doing business there, or just wanting to speak with family and friends around the world in their native language. There's even a playlist called "Kabaddi," with videos from matches of this popular Southern Asian sport. The experience is like having a front-row seat in a university lecture hall, learning Punjabi thoroughly, at a high level. Yet, in Pakistan, the Punjabi language is sometimes seen as inferior. Advanced learners looking for news and entertainment on YouTube may also enjoy the Apna Punjab TV channel, which is an Eastern Punjabi channel based in Canada. If you're a close-off person, or good at masking your emotions, then your reading is going to be difficult. If you're looking to learn Punjabi as an English speaker, you're much more likely to run across resources for learning the Eastern (Indian) standard of the language. From the Pakistani Punjab, Online Radio Box offers streaming from about twenty stations. If you're trying to get more fluent to connect to family and friends, your approach will be different than someone who's going to study in the Punjab. That said, the membership prices are fairly modest.

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